



Training Announcement

The Resilient B.A.D.G.E. - for Officers

Resilience, Strength and Courage on the Front Line

If you are an officer just starting out or with many years of service, this course is for you. Your dedication to service is to many very inspiring, revealing some of the noblest acts of self-sacrifice and altruism this society has ever seen. The Resilient B.A.D.G.E is a course designed to assist you in having a long productive career with many opportunities to advance as you navigate the police landscape.

In the world of policing the stakes are always high; the pressure is on, and the price of failure is immense. It seems natural that most of the world around us would try to minimize the amount of time that they spend in such anxiety-inducing situations, but what about those people who seek out these moments of acute pressure; who go so far as to pin their livelihood to them?

Police officers are the species that are willing to face those challenging situations daily. However, most of them are unaware of how the constant acute pressure can cause destruction of personal worth and value to family, agency and the community they swore to protect and serve.

Emphasis will be placed on:

- Decision Making
- Character Assessment
- Roll call of Causalities
- The work environment
- Mental & Physical Resilience
- The Impact of Trauma
- The impact of Stress
- The importance of Critical Incident Debriefings
- Fight or Flight Response
- Stages of Career Development and the multiple “Unknown Exposures” to physical and mental health that affect performance yet are a part of police work.
- Dysfunctional Coping Strategies
- The state of Comfortably Numb

The Cop is by far the healthiest going into their profession and one of the unhealthiest coming out on the other side. Find out why.

REGISTRATION & PAYMENT: - For registration and payment information please visit us at www.lionleadership-institute.com.